



Fitbug

Fitbug is the ideal companion for people who don't have time, or who need a bit of motivation to exercise. And it works! Fitbug has helped Vitality members and people from all walks of life to achieve their fitness goals.

Fitbug encourages gradual lifestyle changes rather than fad eating plans or harsh exercise regimes. This smart little gadget – also called the 'Bug' – calculates every step you take, the distance covered and more. Keep it with you to track the steps you take, and earn up to 300 Vitality points a day.

Vitality members can get up to 25% cash back on selected fitness devices with the Vitality [HealthyGear](#) and [HealthyCare](#) benefits.

Who may use Fitbug

Vitality members, 16 years and older, on an active Vitality membership can link their Fitbug device to Vitality to earn Vitality points. Members who have only KeyFIT or Vitalitydrive (not Vitality), can use Fitbug but will not earn Vitality points.

As a Vitality member with an active Vitality membership, you will pay a fee for the Fitbug device (excluding any courier charges that may apply for delivery). Some devices also require a paid subscription for use of their services. Visit www.fitbug.com/za/discovery for more details.

Get up to 25% cash back on selected Fitbug fitness devices with the Vitality HealthyGear and HealthyCare benefits

With up to 25% cash back on selected Fitbug fitness devices with Vitality [HealthyCare](#) at Clicks or Dis-Chem and [HealthyGear](#) at Sportsmans Warehouse or Totalsports, it's easier for you to track your workouts and earn Vitality points anywhere, anytime!



How to use this benefit

To get started, follow the steps below to link your Fitbug device to Vitality, and upload your workout data.

To link your Fitbug to Vitality

Step 1: Click on the ['Fitness devices and apps'](#) page under the **'Gym and Fitness'** section on the Vitality menu and click on **'Link my Fitbug account'**.

Step 2: Log in using your **Fitbug username and password** and select **'Allow'** to give Vitality access to your Fitbug data.

Step 3: Once you have successfully uploaded your workout data, click **'OK'**. You can view a detailed summary of your data on the ['Workout tracker'](#).

Please note: Your Fitbug device will automatically reset itself if you do not upload your exercise data to the [Fitbug](#) website every week. Your Fitbug device can only store your exercise data for 14 days. You will not earn Vitality points for data you didn't upload.

If you have any problems uploading your workout data, please visit <https://customercare.fitbug.com/> or visit www.fitbug.com/za/discovery for more information.

How it works

Earning Vitality points with Fitbug fitness devices and App

You can earn up to **300** Vitality points for the number of steps you take daily.

To earn up to 300 Vitality points you have to:

- Track **5 000 to 9 999** steps a day to earn 50 Vitality points; or
- Track **10 000 to 12 499** steps a day to earn 100 Vitality points; or
- Track **12 499** or more steps a day to earn 300 Vitality points.

The points you earn by uploading data from your Fitbug device, count towards the maximum Vitality points for fitness. Each adult can earn up to 30 000 points and each child can earn up to 20 000 points for fitness each year.

Points will only be awarded for one fitness event a day. If you complete two fitness events in one day, then the higher points between the two will be awarded.

Points may take up to two weeks to show on your [Vitality Points Monitor](#) after you have uploaded your data on Vitality or on the website of your chosen device.

An example

John buys a Fitbug that he links to Vitality. His device collects step data. John takes 10 000 or more steps a day and uploads his exercise data to Vitality.

John will earn a maximum of 100 points a day for meeting one of the step data requirements.

General information

- By registering your Fitbug online you agree that, to award your Vitality points, Vitality and Fitbug will exchange information on your use of your Fitbug device.
- Vitality reserves the right to cancel or refuse the registration of your Fitbug and to deduct any Vitality points awarded under this benefit if there is a reason to believe you have knowingly registered another person's Fitbug, permitted your registered Fitbug to be used by someone else or if you have provided false or misleading information or attempted to do so.
- Discovery Vitality reserves the right to change or cancel this benefit at any time and at its discretion. If we cancel or change the benefit, we will give you reasonable notice beforehand.

Ending this benefit

If your Vitality membership ends, you will no longer earn Vitality points for uploading your workout data with your Fitbug device. However, you can continue to use Fitbug in your personal capacity.

You may disconnect your Fitbug app from Vitality at any stage by selecting the 'Disconnect' option on the Discovery App. If you disconnect it, you will no longer earn Vitality points.

If you want to activate the benefit again, you will need to follow the steps under the 'To link your Fitbug App to Vitality' section.

Terms and conditions apply. For the Fitbug terms and conditions visit the Fitbug website.

Find out more

If you have any questions or need more information about Fitbug go to www.discovery.co.za and click on 'Fitness devices and apps' on the Vitality menu.

You will also find a full set of Vitality rules. If, for any reason, there is a conflict between rules in this benefit guide and the Vitality Rules – the Vitality Rules will apply at all times.

Stay in touch

If you have any questions or need more information about this benefit, please visit www.discovery.co.za or call 0860 99 88 77. Terms and conditions apply.

Keep up to date with the latest news from Vitality: Download the  Discovery app, follow

Discovery Vitality on    (@Discovery_SA) and  (DiscoverySA).

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