

Misfit

Vitality members can earn up to 300 Vitality points a day with Misfit Shine and the smartphone app. Misfit devices allow you to track your fitness activities and have fun with your friends while improving your health. It tracks your activity levels, sleep patterns and food intake.

Who may use Misfit

Vitality members, 16 years and older, on an active Vitality membership can link their Misfit device or app to Vitality to earn Vitality points. Members who have only KeyFIT or Vitalitydrive (not Vitality), can use Misfit but will not earn Vitality points.

As a Vitality member with an active Vitality membership, you will pay for the Misfit device (excluding any courier charges that may apply). The Misfit app is free to download from the [Apple App store](#), [Google Play store](#) or [Windows Phone store](#). To check compatibility of the app and Misfit device with your phone, visit the [Misfit website](#). There are no fees for using your device to upload your workout data to Vitality to earn your Vitality points.

How to use this benefit

To get started, follow the steps below to link your Misfit account to Vitality, and upload your workout data.

To link your Misfit App to Vitality

Step 1: Download the Misfit app from the [Apple App store](#), [Google Play store](#) or [Windows Phone store](#).

Step 2: Click on the '[Fitness devices and apps](#)' page under the '**Gym and Fitness**' section on the Vitality menu and click on '**Link my Misfit account**'

Step 3: Log into your Misfit account or create a new Misfit account.

Step 4: Click on '**Allow**' to authorise the connection and to link your Misfit account to Vitality.



Step 5: Once you have successfully uploaded your workout data, you can view a detailed summary on the '[Workout tracker](#)'.

If you have any problems uploading your workout data, please visit the [Misfit website](#) for more information.

How it works

Earning Vitality points with Misfit fitness devices and App

You can earn up to **300** Vitality points for the number of steps you take throughout the day.

To earn up to 300 Vitality points you have to:

- Track **5 000 to 9 999** steps a day to earn 50 Vitality points; or
- Track **10 000 to 12 499** steps a day to earn 100 Vitality points; or
- Track **12 499** or more steps a day to earn 300 Vitality points.

The points you earn by uploading data from your Misfit account, count towards the maximum Vitality points for fitness. Each adult can earn up to 30 000 points and each child can earn up to 20 000 points for fitness each year.

Vitality will award points for one fitness event a day only. If you complete two fitness events in one day, then you will get the higher points between the two.

Points may take up to two weeks to show on your [Vitality Points Monitor](#) after you have uploaded your data from your chosen device or app.

An example

John buys a Misfit Shine that he links to Vitality. His device collects step data. John takes 10 000 steps a day and uploads his exercise data to Vitality.

John will earn a maximum of 100 points a day for meeting one of the step data requirements.

General information

- By linking your Misfit fitness account you agree that, to award your Vitality points, Vitality and Misfit will exchange information on your use of the Misfit fitness device.
- Vitality reserves the right to cancel or refuse the registration of your Misfit fitness device and to deduct any Vitality points awarded under this benefit if there is a reason to believe you have knowingly registered another person's Misfit device, permitted your registered Misfit fitness device to be used by someone else or if you have provided false or misleading information or attempted to do so.
- Discovery Vitality reserves the right to change or cancel this benefit at any time and at its discretion. If we cancel or change the benefit, we will give you reasonable notice beforehand.

Ending this benefit

If your Vitality membership ends, you will no longer earn Vitality points for uploading your workout data with your Misfit app. However, you can continue to use Misfit in your personal capacity.

You may disconnect your Misfit app from Vitality at any stage by selecting the 'Disconnect' option on the Discovery App. If you disconnect it, you will no longer earn Vitality points.

If you want to activate the benefit again, you will need to follow the steps under the 'To link your Misfit App to Vitality' section.

Terms and conditions apply. For the Misfit terms and conditions visit the Misfit website.






Find out more

If you have any questions or need more information about Misfit go to www.discovery.co.za and click on 'Fitness devices and apps' on the Vitality menu.

You will also find a full set of Vitality rules. If, for any reason, there is a conflict between rules in this benefit guide and the Vitality Rules – the Vitality Rules will apply at all times.

Stay in touch

If you have any questions or need more information about this benefit, please visit www.discovery.co.za or call 0860 99 88 77. Terms and conditions apply.

Keep up to date with the latest news from Vitality: Download the  Discovery app, follow Discovery Vitality on    (@Discovery_SA) and  (DiscoverySA).